

Spring 2010 Class Schedule

To enroll your child in any of these classes, simply call the number listed for each location. For specific class info, call Chris Quickert at (614) 288-5387 or email him via the online contact form at www.thehomeschoolgym.com

The HomeSchool Gym

@ Brice Rd.

Winter #2 2010

3001 Brice Rd. (@Refugee)

(614) 288-5387

Mondays- February 22- March 29 (6 weeks)

Self-Defense II (ages 11-up)

***Must have permission from instructor to enroll in Self-Defense II**

Cost: \$45 for one child/\$65 for 2 siblings

Time: 10:00-11:15

Self-Defense I (ages 9-up)

Cost: \$35 for one child/\$50 for 2 siblings

Time: 11:30-12:15

In this self-defense class we will learn a variety of defense techniques in a safe environment. Students must comfortable with physical contact and possess at least a small amount of self-discipline. Call Christopher Quickert (614) 288-5387 with any questions.

The HomeSchool Gym (ages 6-8)

Cost: \$35 for one child/\$50 for 2 siblings

Time: 12:30-1:15

We will be playing a variety of fun P.E. games this session. This is a very non-competitive class but highly active and extremely fun. There are many chances for positive interaction in this class.

The HomeSchool Gym (ages 9-12)

Time: 1:30-2:15

*see above description

The HomeSchool Gym

@ Brice Rd.

Spring 2010

3001 Brice Rd. (@Refugee)

(614) 288-5387

Mondays- April 12- May 17 (6 weeks)

Self-Defense II (ages 11-up)

***Must have permission from instructor to enroll in Self-Defense II**

Cost: \$45 for one child/\$65 for 2 siblings

Time: 10:00-11:15

Self-Defense I (ages 9-up)

Cost: \$35 for one child/\$50 for 2 siblings

Time: 11:30-12:15

In this self-defense class we will learn a variety of defense techniques in a safe environment. Students must comfortable with physical contact and possess at least a small amount of self-discipline. Call Christopher Quickert (614) 288-5387 with any questions.

The HomeSchool Gym (ages 6-8)

Cost: \$35 for one child/\$50 for 2 siblings

Time: 12:30-1:15

This session we will focus on an outdoor sport to be announced in the future. We use lead-in games to teach the skills and the rules and play small-sided scrimmages to practice what we've learned. This class is fun AND educational.

The HomeSchool Gym (ages 9-12)

Time: 1:30-2:15

*see above description

The HomeSchool Gym

@ Alum Creek Park

Spring 2010

221 W. Main St.

Westerville, OH 43081

Main St. between Cleveland Ave. and State St.

To register call or email Chris Quickert

(614) 288-5387 or chris@thehomeschoolgym.com

Cost: \$35 for one child/\$55 for 2 siblings

Tuesdays- April 20- May 11 (4 weeks)

Maximum 12 students per class so sign up early!!!

***Note: Child must have own baseball/softball mitt.**

Baseball/Softball Skills Clinic (ages 6-7)

Time: 10:00-11:15

Learn the basic skills of baseball. Through the use of fun and engaging drills (Did I say drills? I meant games) we will take your child from basic throwing and catching to in-game strategies. We use various lead-up games to isolate skills in order to focus on fundamentals. We will learn offensive and defensive strategies as well as in-game play.

Baseball/Softball Skills Clinic (ages 8-11)

Time: 11:30-12:45

*see above description

Baseball/Softball Skills Clinic (ages 12-up)

Time: 1:00-2:15

*see above description

The HomeSchool Gym

@ Orange Friends Church

Spring 2010

3467 East Orange Rd. (Lewis Center) 43035

(614) 288-5387

Tuesdays- March 9- April 13 (6 weeks)

Self-Defense I (ages 9-11)

Cost: \$40 for one child/\$60 for 2 siblings

Time: 1:00-2:00

In this self-defense class we will learn a variety of defense techniques in a safe environment. Students must be comfortable with physical contact and possess at least a small amount of self-discipline. Call Christopher Quickert (614) 288-5387 with any questions.

Self-Defense I (ages 12-15)

Time: 2:00-3:00

*see above description

**The HomeSchool Gym
@ Westerville Recreation
Spring 2010**

**350 N. Cleveland Ave. Westerville, OH
(614) 901-6500**

To register, call above number

Wednesdays: March 31-May 12 (7 weeks)

The HomeSchool Gym (ages 6-7)

Time: 10:00-10:45

This session we will focus on an outdoor sport to be announced in the future. We use lead-in games to teach the skills and the rules and play small-sided scrimmages to practice what we've learned.

This class is fun AND educational.

The HomeSchool Gym (ages 8-10)

Time: 11:00-11:45

*see above description

The HomeSchool Gym (ages 11-15)

Time: 1:00-1:45

*see above description

**The HomeSchool Gym
@Whetstone Recreation Center
Spring 2010**

**3923 N. High St. (Columbus)
(614) 645-3217**

*The spring session registration will be online this year.

Call Whetstone Recreation Center or visit

<http://www.whetstonepark.org> for registration information.

Thursdays: March 25- May 6 (7 weeks)

The HomeSchool Gym (ages 5-6)

Time: 9:00-9:45

This session we will focus on an outdoor sport to be announced in the future. We use lead-in games to teach the skills and the rules and play small-sided scrimmages to practice what we've learned.

This class is fun AND educational.

The HomeSchool Gym (ages 6-7)

Time: 10:00-10:45

*Same as above

The HomeSchool Gym (ages 8-10)

Time: 11:00-11:45

*Same as above

The HomeSchool Gym (ages 11-12)

Time: 12:00-12:45

*Same as above

The HomeSchool Gym (ages 13-up)

Time: 1:00-1:45

*Same as above

The HomeSchool Gym

**@ Hilliard Recreation Center
Winter #2 2010**

3800 Veterans Memorial Drive

Hilliard, OH 43026

(614) 876-5200

Fridays- February 26- April 9 (6 weeks)

***No Class April 2**

The HomeSchool Gym (ages 5-7)

Cost: \$35 for the six-week session (\$40 for non-resident)

Time: 1:00-1:45

We will be playing a variety of fun P.E. games this session designed to get your young ones moving!

This is a non-competitive class but highly active and extremely fun.

There are many chances for positive interaction in this class.

The HomeSchool Gym (ages 8-10)

Cost: \$35 for the six-week session (\$40 for non-resident)

Time: 2:00-2:45

*Same as above

**The HomeSchool Gym
@ Hilliard Recreation Center
Spring 2010**

3800 Veterans Memorial Drive

Hilliard, OH 43026

(614) 876-5200

Fridays- April 23- May 14 (4 weeks)

The HomeSchool Gym (ages 5-7)

Cost: \$35 for the six-week session (\$40 for non-resident)

Time: 1:00-1:45

This session we will focus on an outdoor sport to be announced in the future. We use lead-in games to teach the skills and the rules and play small-sided scrimmages to practice what we've learned.

This class is fun AND educational.

The HomeSchool Gym (ages 8-10)

Time: 2:00-2:45

*Same as above

The HomeSchool Gym (ages 11-up)

Time: 3:15-4:00

*Same as above